



Church of England School
Head of School: Mrs N J Adamson MA NPQH

14th February 2019

Dear Parent/Carer,

PE Department Expectations

As we approach the half way stage of the 2018-19 academic year, we would like to take this opportunity to remind students and parents of the PE Departments expectations.

PE Kit:

All students must bring full Bishop Ramsey PE kit to all lessons. This comprises of a black Bishop Ramsey polo shirt, black shorts, yellow socks and suitable sports trainers/football boots. It is recommended that students bring trainers **and** football boots to lessons timetabled on the field; this allows for last minute changes to the venue, dependant on the weather. Trainers being worn indoors must be clean; where they are not, students will be required to participate in bare foot for that lesson. We strongly recommend that students bring a carrier bag in order to place their muddy footwear in after lessons. Wearing muddy footwear or bashing them clean inside the changing rooms is **not** acceptable; students caught doing this will be sanctioned.

In addition to this, students are permitted to bring a black Bishop Ramsey hoody, black tracksuit bottoms/sports leggings. A base layer can be worn underneath the polo shirt in cold weather. Coats should not be worn in PE lessons. In sports such as Football, Hockey and Rugby, students will be required to also wear shin pads and a gumshield alongside the normal PE kit. Failure to bring any items of PE kit to lessons will result in an organisation reminder being issued. Accumulation of 2 organisation reminders in the same half term will result in a detention being served.

During the lesson, students must remove any jewellery and watches for health and safety reasons. This includes fitbits, rings, earrings and necklaces. Where ears have recently been pierced students must bring microporous tape to cover their earrings. Students will be told to remove the earrings if they cannot be safely taped up, regardless of when they were pierced.

Changing Rooms:

Students are reminded that when they are in the PE changing rooms this is a space to get changed, and not an addition of their social time. Some students are taking 15-20 minutes to change for PE lessons which therefore detracts from their valuable practical time. This is not acceptable. From after half term, students will have 7 minutes to be changed and ready for their PE lesson, and 7 minutes at the end of the lesson to be changed and ready to go to break or their next lesson. Failure to change in this time period will result in the use of the behaviour triangle.



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Valuables:

It is recommended that students leave their mobile phones in their school locker, rather than bringing these to PE and leaving them in the changing rooms during the lessons. The changing rooms are locked during lessons however we cannot accept responsibility for valuables left here during this time. In accordance with the Bishop Ramsey school policy, mobile phones are brought onto the school site at the students' own risk.

Injury and Illness:

Where a student is injured or ill, and therefore unable to take part in the practical element of the session, they are still required to bring and change into full PE kit. It is recommended that they also bring their hoody and tracksuit bottoms to change into as well. Where a student has an injury that prevents them from getting changed, communication with the PE teacher should be made prior to the lesson. Notes excusing students from taking part in PE should be written in link books and shown to the PE teacher when the register is taken. Failure to bring PE kit to change into will result with students being issued an organisation reminder.

We are extremely proud of the PE successes, both in lessons and through extra-curricular opportunities, achieved by our students this year. We thank you for your continued support with the above expectations which enable us to continue to deliver high quality PE lessons for students.

Yours sincerely,

S. East

Miss S East
PE Department