



Church of England School  
Executive Head and CEO: Mr A J Wilcock MA (Cantab)

11<sup>th</sup> February 2021

Dear Parent/Carer,

### Wellbeing Wednesday – 24<sup>th</sup> February

We know that everyone - staff, students and parents have been working incredibly hard to make both the online learning and the in school provision a success. With this in mind we are organising a Wellbeing Day on Wednesday 24<sup>th</sup> February. The intention is that everyone will be able to have the majority of the day away from their computer screens, and be able to spend the time doing something they enjoy or trying something new.

In the morning (9.00am – 11.15am) each student will have a 5 minute appointment via SchoolCloud with a member of staff, the purpose of the meeting is simply to check on the student's wellbeing and address any concerns. Over the next few days, you will receive an email detailing the time of your son/daughter's appointment and which member of staff they will be seeing, the email will also contain the link to the meeting. It is not necessary for parents/carers to be present at the meeting, however, if you will not be there please ensure your son/daughter has access to the meeting link.

#### To access the appointment:

- login to Wellbeing Wednesday using the following link  
<https://bishopramsey.schoolcloud.co.uk/>
- Once logged in you will see a notice that you have an upcoming video appointment, along with a *Join Video Appointments* button.
- Press the button to join your appointment on the day or to check your audio/visual settings ahead of the meeting (recommended).
- *Proceed to Video Call* followed by *Start Appointment* – the teacher will begin the session at the appointed time.

#### We recommend:

- using your smartphone for video appointments. If you don't have a smartphone with a front-facing camera, use a laptop or computer with a webcam.

Following your son/daughter's appointment they are being encouraged to spend the day however they wish.

We will be posting on the school website a 'menu' of ideas which may inspire your son/daughter or yourselves to have a go at something different. The 'menu' will include a number of videos produced by staff to demonstrate new skills, these will include cookery with Ms Miell and Ms Monojir, Pilates with Mrs Aitken, paint pouring and wreath making with Miss Noble, juggling with Mr Britton and magic with Rev Susy.



If you are interested in having a go at one of the activities, I have attached a list of the ingredients/equipment required.

We hope everyone will enjoy the day and take the opportunity for a well-earned rest.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Ms A Maycock', written in a cursive style.

**Ms A Maycock**  
**Assistant Headteacher**