



Church of England School
Head of School: Mrs N J Adamson MA NPQH

13th December 2018

Dear Parent/Carer,

Malawi 2019

Thank you to those who have given me their passport copies and to those who have let me know about the need for renewal.

I have had a number of questions about medical needs – ie. injections and anti-malarials. You should arrange an appointment with the Travel Nurse at your GP practice sometime in the New Year to discuss inoculations. The Travel Nurse will check your child's medical details and the current government recommendations, they can then plan what your son/daughter will need and when they need to have it. Students who have been on this visit before do not typically get Yellow Fever or Rabies injections unless they are planning to travelling more extensively in the near future – these are sometimes offered by a more cautious Travel Nurse. You should not have to pay for any injections unless this is the policy of your GP practice.

Anti-Malaria tablets will be needed; again this should be discussed with your Travel Nurse in the light of your child's medical history. As a group we have previously used Malarone – if we all have the same it means any lost tablets are not an issue as we can share, it also has proved to have the least side effects (students have previously taken it safely if their Travel Nurse confirmed its suitability). I have previously asked my Travel Nurse for a prescription and bought the tablets on-line as they can be expensive. On-line consultations are another way to get them. Pharmacies in Tesco, Superdrug, etc. can all supply them too – you can shop around but just ensure that the site is reputable.

If you have any questions, please don't hesitate to contact me.

Yours sincerely,

Mrs L Holmes
Head of Sixth Form
holmes@bishopramsey.school
01895 6781068



Address: Hume Way, Ruislip, Middlesex. HA4 8EE ☞ Telephone: 01895 639227 ☞ Facsimile: 01895 622429

Email: office@bishopramseyschool.org ☞ Website: www.bishopramseyschool.org