


## Wellbeing Wednesday – Videos and Ideas

<https://youtu.be/81zmJ9xrWPg>




Introduction to Pilates

Have a go at Pilates!

youtu.be


[How to juggle - With Curling and Britton - YouTube](https://youtu.be/81zmJ9xrWPg)



How to juggle - With Curling and Britton

youtu.be

<https://youtu.be/GlmXQ7vgpRM>



The Magician Priest  
Rev Andrew Dand

The Magician Priest

Watch some magic and learn a trick that you could do at home.

youtu.be

Cooking Meatballs

<https://bishopramseyschool.sharepoint.com/:v:/s/Childdevelopmentteachers/Eb4R7NqbIVhMuJFow-IzcGIBjgXoCdXB2ejWJfHklzpqQ>

Cake In A Mug

[https://bishopramseyschool.sharepoint.com/:v:/s/Childdevelopmentteachers/EYjXu7NZt91Cotn4GvM50OcBgei\\_XnmlPzamY\\_oAK86AIA](https://bishopramseyschool.sharepoint.com/:v:/s/Childdevelopmentteachers/EYjXu7NZt91Cotn4GvM50OcBgei_XnmlPzamY_oAK86AIA)

If the hyperlinks don't work please cut and paste the link into your browser

Wreath Making

<https://web.microsoftstream.com/video/f0d6a0cd-c78f-4111-98b7-f1e9076d3048?list=studio>

Paint Pouring

<https://web.microsoftstream.com/video/7d9d968e-02c4-4357-97f1-bb6bbe56c2a3?list=studio>

Brown Stew Chicken

<https://web.microsoftstream.com/video/06208e9b-d81b-4384-8873-0cc54ba0de7e?list=studio>